

2018 CRIMSON TIDE INVITE *(TENTATIVE)*

PRESENTED BY BEYNON SPORTS

APRIL 6TH & 7TH

FRIDAY

TIME	GENDER	FIELD EVENTS
3:30PM	WOMEN	HAMMER THROW
5:30PM	MEN	HAMMER THROW
8:00PM	MEN	JAVELIN (W. RUNWAY)
TIME	GENDER	RUNNING EVENTS
8:40PM	WOMEN	1500M RUN (TOP SECTION)
8:50PM	MEN	1500M RUN (TOP SECTION)
9:00PM	WOMEN	5000M RUN
9:30PM	MEN	5000M RUN
9:50PM	WOMEN	10000M RUN
10:30PM	MEN	10000M RUN

SATURDAY

TIME	GENDER	FIELD EVENTS
9:10AM	WOMEN	DISCUS THROW
11:00AM	WOMEN	LONG JUMP (N. RUNWAY)
11:10AM	MEN	DISCUS THROW
12:05PM	MEN	LONG JUMP (S. RUNWAY)
12:50PM	WOMEN	HIGH JUMP (N. PIT)
12:55PM	MEN	HIGH JUMP (S. PIT)
1:30PM	WOMEN	POLE VAULT (C. PIT)
1:35PM	MEN	POLE VAULT (E. PIT)
1:50PM	WOMEN	TRIPLE JUMP (N. RUNWAY)
1:55PM	MEN	TRIPLE JUMP (S. RUNWAY)
2:20PM	WOMEN	SHOT PUT (N. RING)
2:25PM	MEN	SHOT PUT (S. RING)
2:40PM	WOMEN	JAVELIN THROW (E. RUNWAY)
TIME	GENDER	RUNNING EVENTS
11:35AM		NATIONAL ANTHEM
11:40AM	WOMEN	4 x 100M RELAY
11:50AM	MEN	4x100M RELAY
11:55AM	WOMEN	3000M STEEPLECHASE
12:05PM	MEN	3000M STEEPLECHASE
12:20PM	WOMEN	100M HURDLES
12:35PM	MEN	110M HURDLES
12:45PM	WOMEN	400M DASH
1:00PM	MEN	400M DASH
1:10PM	WOMEN	100M DASH
1:25PM	MEN	100M DASH
1:35PM	WOMEN	800M RUN
1:50PM	MEN	800M RUN
2:00PM	WOMEN	400M HURDLES
2:15PM	MEN	400M HURDLES
2:30PM	WOMEN	200M DASH
2:50PM	MEN	200M DASH
3:10PM	WOMEN	1500M
3:25PM	MEN	1500M
3:40PM	WOMEN	4 x 400M RELAY
3:55PM	MEN	4 x 400M RELAY